

Baseball Positive - 2012 Seminars for Coaches in Youth Baseball & Softball Leagues

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Baseball Positive is holding three Coaching Seminars that provide proven effective, age appropriate instruction techniques. These specialized programs take into consideration the level of experience of volunteer youth coaches. These events provide sound fundamental skill building information, as well as the mental and emotional aspects to consider when working with young players. The coach of a youth baseball or softball team learns to develop their players' and teams' skills in a step by step manner over the course of the three month spring season. The primary objective of these seminars is to help the coaches provide a fun and informative environment for their players. The goal of the seminars is to give coaches the tools they need to help the kids increase their knowledge of, and passion for, the game and build a desire to continue to participate in the league for years to come.

Please look at the **Baseball Positive Testimonial Page** to read what coaches and League Executives have to say about the instruction provided by Baseball Positive: <http://www.diysports.com/baseballpositive/page.php?pid=4e7d1024d839c>

Seminar #1*: "Practice Structure"

DATE & LOCATION: Saturday February 18, 3:00pm-5:30pm @ Queen Anne HS Gym

DESCRIPTION:

- Practice planning – single practices and a season long progression plan
- Individual and team drills
- Batting practice – keeping all kids active and engaged
- Creating an active, fun and productive practice environment
- What to expect

Seminar #2*: "Teaching Core Skills"

DATE & LOCATION: Saturday February 25, 5:00pm-7:30pm @ Queen Anne HS Gym

DESCRIPTION:

Age appropriate teaching approach for:

- Pitching/Throwing
- Batting
- Fielding
- Catchers
- Base Running

Common mistakes; simple and effective corrections

Drills that are easy to run and incorporate into a practice

*For coaches of player pitch Baseball & Softball teams playing on 60'/70' diamonds.

Seminar #3: "Tee-Ball / Coach-Machine Pitch Clinic"

DATE & LOCATION: Mid-March

DESCRIPTION:

A two-hour clinic for coaches and parents focused on creating baseball a fun learning experience for kids in their first years playing the game.

- Learn which skills and activities to focus on
- Learn 'how to teach' these young minds and bodies
- Practice planning and managing the players
- Creating a fun atmosphere
- Appropriate expectations

This is a participatory clinic; all coaches and parents will learn the content by 'doing'.

For more info:

Contact Mark Linden, Director of Baseball Positive, 206 714 5276 / contact@baseballpositive.com